

10 Day Guided Charter Sample Menu

Day 1:

Breakfast: Bagels, smoked salmon spread capers/red onion , poached egg, fruit

Lunch: Beef bolognese linguine, tomato/cucumber/mozzarella/olive/pesto salad

Dessert: Assorted cookies; Spice drops/ Sugared Shortbread/Chocolate chip

Late Dinner: Coconut & crab dahl curry

Day 2:

Breakfast: Chorizo & egg, potato/shredded pork hash, multi-grain toast , fruit

Lunch: Dungeness crab cakes, sesame slaw, smoked pepper aioli, red yam frites

Dessert: Chocolate & pecan filled pastry

Late Dinner: Creamy chicken, quenells, mushrooms, water chestnuts, biscuit squares

Day 3:

Breakfast: Cinnamon egg toast, poached egg , English muffin, fruit

Lunch: Massaman chicken curry, beef fried rice

Dessert: Sticky brown coconut rice, sugared fruit, pecans

Late Dinner: Split pea and ham, lardon, crouton

Day 4:

Breakfast: Spanish tortilla, cheese omelette, seed bread, fruit

Lunch: Seared coho salmon, brown rice pilaf, asparagus/zucchini/snap pea sauté

Dessert: Mixed berry clafoutis

Late Dinner: Creamy crab/asparagus, lardon, pumpernickel crouton

Day 5:

Breakfast: Vegetable and bacon frittata, English muffin, yoghurt, fruit

Lunch: Spot prawn/scallop linguine, tomato/cucumber/avocado/mozzarella

Dessert: Cinnamon/pecan sticky buns

Late Dinner: Roasted corn chowder/ Rockfish/salmon

Day 6:

Breakfast: Sausage gravy/biscuits, cheesy scramble, fruit

Lunch: Beef filet-mushroom/bordelaise, gingered sweet potato purée, vegetable sauté

Dessert: Apple/nectarine/blueberry galette

Late Dinner: Rockfish/salmon fish curry, jasmine rice

Day 7:

Breakfast: Smoked salmon fried Spanish rice, poached egg, bacon, seed bread toast

Lunch: Coho salmon poke, daikon/ cabbage pickles, miso flavored brown rice

Dessert: Chocolate trio: Truffles, spice drops, chocolate chip cookies

Late Dinner: Alaskan chowder crab/scallop/smoked coho/rockfish

Day 8:

Breakfast: Crab omelette, bacon, potato rosti/sour cream/salmon caviar, English muffin, fruit

Lunch: Chilled crab salad, crab fried rice

Dessert: Chocolate mousse, ginger/lime berry compote

Late Dinner: Beef & barley stew

Day 9:

Breakfast: Blueberry soufflé pancakes, candied apples, poached egg, fruit

Lunch: Halibut ceviche, pickled cucumber salad, homemade flatbread

Dessert: Tapioca pudding with pecans

Late Dinner: Crab Cioppino, acini de Pepe, Parmesan crostini

Day 10:

Breakfast: Vegetable and bacon frittata, English muffin, Fruit/protein smoothie,

Lunch: Roasted pork belly, gingered sweet potato purée , cabbage & daikon pickle

Dessert: Chocolate truffles

Late Dinner: Roasted tomato & pepper bisque w/crab